



Arnold Bennett

Bennett asks us to consider our brains as the most wonderful machine, a machine which is the only thing in this world that we can control. As he writes: "I am simply bent on calling your attention to a fact which has perhaps wholly or partially escaped you -- namely, that you are the most fascinating bit of machinery that ever was."

As ever, his prose is honeyed, his thoughts inspired, and his advice as relevant today as when it was written.

Read by Ruth Golding . Total running time: 2:48:29

The Human Machine

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